

Flatirons Ski Club



Social

March 2023

An Outdoor Multi Sports and
Group

www.FlatironsSkiClub.com

**NEXT GENERAL MEETING WILL BE WEDNESDAY MARCH 8TH, 7PM
AT UNITARIAN UNIVERSALIST CHURCH OF BOULDER
5001 PENNSYLVANIA AVE, BOULDER 80303**

Message from the President

General Meeting: The topic for the March 8th General Meeting is Rocky Through Time. Our program will include Park Ranger (Haley Stephenson) from Rocky Mountain National Park (RMNP). We are fortunate to live close to RMNP with its beautiful mountains, easy and challenging hikes, and scenic lakes. There is lots to learn about RMNP's history, and Haley Stephenson will tell us about what has happened through the years.

Nominating Committee: There are openings on the Nominating Committee and on the Board of Directors. If you are interested in serving on this committee and/or the FSC Board, please contact Arnie Mullen, Linda LaGanga, or Beth Gaffney. The responsibilities for the Board positions are listed in the FSC Bylaws. Thank you to the FSC members who agreed to take on leadership responsibilities necessary to keep the club running smoothly.

Beth Gaffney, President

March 8th MEETING PROGRAM ROCKY THROUGH TIME A HISTORY OF THE PARK

We all know that Rocky Mountain National Park celebrated its 100th birthday several years ago. However, how many of us know about the development of the park, its roads, its trails, and its stories. A knowledgeable ranger will tell us about the RMNP story. Hope to see you there!

Sue Evans

2022/23 FSC MID-WEEK SKI SCHEDULE

Monday: Ed Hanson
 H: 303-993-4445, C: 303-902-3709
 Email: ewhfhg@cs.com

Thursday: Arnie Mullen
 C: 303-859-2549
 Email: arniemullen@netscape.net

MONDAY/TUESDAY (EPIC)

THURSDAY (IKON)

Date	Area	Carpool Fee	Date	Area	Carpool Fee
			1-Dec	Copper	\$10
5-Dec	Breckenridge	\$10	8-Dec	WP/MJ	\$10
12-Dec	Keystone	\$10	15-Dec	A-Basin	\$10
19-Dec	Breckenridge	\$10	22-Dec	Copper	\$10
27-Dec	Keystone	\$10	29-Dec	WP/MJ	\$10
2-Jan	Breckenridge	\$10	5-Jan	Eldora 8:15am	\$5
9-Jan	Vail 7:00am	\$15*	12-Jan	WP/MJ	\$10
17-Jan	Keystone	\$10	19-Jan	Copper	\$10
23-Jan	Breckenridge	\$10	26-Jan	WP/MJ	\$10
30-Jan	Keystone	\$10			
			2-Feb	Eldora 8:15am	\$5
6-Feb	Breckenridge	\$10	9-Feb	WP/MJ	\$10
13-Feb	Beaver Creek 7:00am	\$15 *	16-Feb	Copper	\$10
21-Feb	Keystone (Tuesday)	\$10	23-Feb	Eldora 8:15am	\$5
27-Feb	Breckenridge	\$10			
			2-Mar	WP/MJ	\$10
6-Mar	Keystone	\$10	9-Mar	WP/MJ	\$10
13-Mar	Vail 7:30am	\$15*	16-Mar	Copper 8:30am	\$10
20-Mar	Breckenridge 8:30am	\$10	23-Mar	WP/MJ 8:30am	\$10
27-Mar	Keystone 8:30am	\$10	30-Mar	A-Basin 8:30am	\$10
3-Apr	Breckenridge 8:30am	\$10	6-Apr	Copper 8:30am	\$10
10-Apr	TBD		13-Apr	WP/MJ 8:30am	\$10
17-Apr	TBD		20-Apr	TBD	

- An asterisk (*) indicates that there will be a parking fee in addition to the carpool fee.
- If you are not on Ed and/or Arnie's list of midweek skiers, please let them know of your interest.
- Unless otherwise noted, carpools depart at 7:30 from the Eldorado Park 'n' Ride on the northeast corner of Hwy 93 and Hwy 170 (sometimes called Marshall Rd). **Please arrive ten minutes early to ensure an on-time departure.** Let Ed or Arnie know if you are willing to drive.
- **You must be vaccinated to participate in carpools.**
- Ski destinations are suggestions only, and may change depending on weather, traffic, ski conditions, or carpool preferences.
- Occasionally, Ed and Arnie may need alternate leaders when they are away on ski trips.
- In March, when Daylight Savings Time starts, departure times are typically at 8:30 but may change if it's a powder day and a lot of traffic is anticipated.
- We typically wear green ribbons on our helmets so it's easy to find each other on the mountain. Let Ed or Arnie know if you need one.

2023 FSC Ski Trip Calendar (02-05-23)

Dates	Destination	Lodging	# of Spaces	Nights	Lift Tix	Total Cost Per Person	Deposit	Balance Due	Trip Leaders
Jan 17-20	Crested Butte	Cristiana Guesthaus	23	3	Epic	\$320	\$50	12/1/22	Linda & Chris Paris
Jan 23-26	Steamboat #1	Holiday Inn	50	3	Ikon	\$285	\$85	12/1/22	Tom Cannon
Jan 31-Feb 3	Monarch Mtn (& Wolf Creek)	Baymont (Salida)	16	3	M: 69+ ski free WC: Misc	\$215	\$40	12/8/22	Donna Cooper & Louise Geil
Feb 6-9	Fraser/ Winter Park #1	Snow Mtn Ranch	28	3	Ikon	\$165	\$40	12/1/22	Beth Gaffney
Feb 14-16	Snowy Range	Old Corral Hotel	18	2	Misc	\$110	\$35	12/15/22	Jan Knies
Feb 21-24	Steamboat #2	Homewood Suites by Hilton	30	3	Ikon	\$385	\$100	1/5/23	Sandy Morris
Feb 28-March 3	Fraser/ Winter Park #2	Fraser House Alpine Center	10	3	Ikon	\$160	\$25	1/5/23	Linda & Chris Paris
March 6-10	Aspen	Comfort Inn/Suites (Carbondale)	40	3 or 4	Ikon+	\$345 / \$455	\$100	1/5/23	Sandy Morris
March 15-17	Leadville/ Ski Cooper	Columbine Inn (Leadville)	30	2	Misc	\$165	\$30	2/3/23	Elease Miller

Total costs shown above are for double occupancy. Check with trip coordinators if interested in availability.

The procedure for signing up is described in the October newsletter. If you need help, contact Rosie, Downhill & Nordic Ski Chair, at rosie.piller@gmail.com.

Monies paid for a ski trip (including both deposits and balances) are generally non-refundable.

You must be vaccinated against COVID to attend overnight trips. This protocol may change due to COVID trends and hotspots.

If you have symptoms of any contagious disease (respiratory, gastrointestinal, or anything else) before the trip, do not attend. If you develop symptoms of any contagious disease during the trip, isolate and/or drive home as soon as possible.

The New Member Challenge! \$30 Gift Certificate!



We've all been there: New to a group, don't know anyone's name, hoping to meet some like-minded people to spend time with. And when planning to attend one of our overnight skiing trips, our new members:

- haven't a clue whom to carpool with, to the hotel or to/from the resort or trailhead,
- don't know who cross-country skis and who downhill skis—and at what level,
- may not be able to come to the monthly meetings to schmooze with us, and
- may not be expert schmoozers to begin with!

It's sad and not particularly safe for someone to drive up alone, ski alone, go out to restaurants alone...you get the picture. And this is not just theoretical—this actually happens!



Ski trip coordinators work hard to organize ski trips, and there's only so much they can do to include new members. So it's up to the rest of us to make new members feel welcome. And who knows—the new member you meet might become your new best skiing buddy!



Here's my New Member Challenge:

- Write to the overnight trip email list well before the trip if you can offer a ride.
- During group gatherings, stop the schmoozing momentarily; ask new (or newish) members to introduce themselves briefly and say what kind of skiing they do, and at what level.
- During group gatherings, ask ALL members to introduce themselves in that way, so newcomers can find members who ski at their level.
- If there is a lunch meetup, make sure this is announced so everyone knows about it.

Pick one or more of these ideas, act upon them during the trip, and let me know within a few days after the trip. For each overnight ski trip in March 2023, the top contender (by number of actions taken—or, in case of a tie, by lottery) will win a \$30 gift certificate from me to the restaurant of their choice.

And if you're a new member, do reach out to us—we are really quite friendly! And you too are eligible to win a \$30 gift certificate.

Happy mingling and meeting new friends—whether hiking, skiing, or snowshoeing!

Rosie Piller, Downhill & Nordic Ski Chair



Importance of Handwashing!

This is for everybody in gatherings that participate in potlucks, group meals, and buffets. With Covid and variants and other respiratory illnesses still making rounds, let's all be diligent about handwashing. Event coordinators, please provide hand sanitizer in areas where food is being prepared and served. If you sneeze or blow your nose or cough on your hands, please wash your hands again before handling food. If anyone sees someone failing to wash their hands in these circumstances, please let them know diplomatically that they are expected to do so.



Skier and Snowboarder Safety Reminder

I encourage everyone to pay attention to the club's directives on safety. The club's rules say for the safety of the group, members must participate only in activities that are well within their current physical capabilities, endurance, and skills. Otherwise, it can endanger and inconvenience the group. Here are a few tips on staying safe on the slopes. There have been a few people in our club who have been hit by other skiers or snowboarders. I have had some near misses. I encourage everyone to be very vigilant about who is around them. I recommend when you stop on the slope, stay as far to the side as possible and stay visible from above. If you see snowboarders or other skiers approaching, I recommend letting them go ahead of you. If I get near another person on the slopes I call out "on your left" or "on your right" and I encourage others to do likewise. Keep in mind that a lot of people have been smoking marijuana, are listening to headphones, and are oblivious to others on the slopes. Also, supposedly everyone has read the skiers safety and responsibility act, but a lot of people don't pay attention to it and don't practice safe snow sports habits. Ski defensively!

The National Ski Association responsibility code has added the following requirement for downhill skiers, and I quote: **"If you are involved in a collision or incident, share your contact information with each other and a ski area employee"**.

Arnie Mullen, Safety Chair

Fraser Ski Trip
3 Nights Lodging at the Fraser House
February 28, March 1st, and 2nd (leaving March
3rd AM) - Midweek

There is no better experience than spending the weekend in the cozy home atmosphere of the Fraser House with good friends. The Fraser Valley has an extensive variety of downhill and cross-country skiing opportunities close by. This trip is the perfect way to experience Winter Park/Mary Jane, Devil's Thumb Ranch, Grand Lake Nordic Center, or Snow Mountain Ranch, as well as many others, at the best time of the season.



Please refer to the October and November 2022 FSC newsletters for a description of this trip.

Please call or e-mail Linda or Chris Paris with questions.

Carbondale Lodging in 2023



Ski Aspen/Snowmass 2023

March 6-9 or 10, 2023

Lodging: **Comfort Inn and Suites**

920 Cowen Dr

Carbondale, CO 81623

Phone: (970) 963-8880

Location: The hotel is in Carbondale approximately 36 minutes (28 mi) from Aspen/Snowmass and 3 ½ hours from Boulder (176 mi). Web:

<https://www.choicehotels.com/colorado/carbondale/comfort-inn-hotels/co116>

Cost: \$345 per person for 3 nights OR \$455 per person for 4 nights

Buy discounted lift tickets online beginning in October. IKON pass is good at all areas for 5 or 7 days if you bought the **add-on. Icon pass now requires reservations for Aspen Mountain. Make sure to reserve your days online.**

Trip Includes:

- 3 nights OR optional 4th night lodging (2 queen beds per room)
- Each room has a microwave and refrigerator
- Breakfast bar each morning
- Use of meeting room for club potluck on Monday night
- Bus to ski areas but more convenient to drive to area or Basalt (may be an extra cost)
- Outdoor fire pit, indoor hot tub, and indoor pool
- Walk to grocery store, shops, and restaurants (about ½ mi)

Sandy Morris, Trip Coordinator

LEADVILLE SKI TRIP - 2023

Trip Coordinator: Elease Miller

Dates: Wednesday March 15th, Thursday March 16th leaving 17th

We will again stay at the Columbine Inn, 2019 N. Poplar, Leadville. The cost is \$190 each sharing a double room for 2 nights.

Single rooms are available at \$299 for 2 nights.

The breakfast room is open for continental breakfast, oatmeal, cereal, pastries, muffins and juice, coffee, and tea. We may be able to use the room for a potluck get together as in previous years. More information will be available closer to the time.

Most of us ski at Ski Cooper located 10 miles from Leadville vis US-24.

Lift ticket Prices up to the age of 74, if ordered more than 2 days ahead are \$85 per day. 75+ and over are a one-time payment of \$10 for the season. For ordering your ticket in advance go to skicooper.com or call the ticket office at 719.486.2277.

Ski Cooper is different, in all the right ways! Soft all-natural snow, terrain variety for everyone, down to earth laid-back atmosphere, family-friendly vibe, smiling faces, great food & drinks, and reasonable prices.”

I look forward to seeing you there and giving another roaring send off to our last Club Ski trip of the season!!

Total Cost \$195

If you have any questions contact the Trip Coordinator, Elease Miller, see FSC membership roster.

FSC Book Club

DATE: Monday, March 13, at 6:45 PM
PLACE: Zoom Meeting
DISCUSSION LEADER: Jim Dimmick
BOOK: **The Big Fix: 7 Practical Steps to Save Our Planet** by Hal Harvey and Justin Gillis

Energy policy advisor Hal Harvey and longtime *New York Times* reporter Justin Gillis home in on the seven areas where ambitious but eminently practical changes will have the greatest effect on stopping climate change: electricity production, transportation, buildings, industry, urbanization, use of land, and investment in promising new green technologies. In a lively, jargon-free style, the pair illuminate how our political economy really works, revealing who decides everything from what kind of power plants to build to how efficient cars must be before they're allowed on the road to how much insulation a new house requires—and how we can insert ourselves into all these decisions to ensure that the most climate-conscious choices are being made.

Thursday Hikes March 2023

Winter is here. So, come prepared for all kinds of weather. We meet at the Meadows Shopping Center at 8:45 on Thursdays. After forming carpools, we will leave at 9. Meadows Shopping Center is at the southwest corner of Foothills Highway and Baseline. We usually park close to the bank. Just look for people standing by their cars.

Please come prepared with food, water, warm clothing, and anything else you may need including boot stabilizers/yak tracks for better footing.

Please call Sue Evans or Louisa Young if you have any questions.

3rd Thursday Hike – March 16th TBA

Winter hiking, be prepared. Weather decides. An email notice will be sent the Sunday before the 3rd Thursday. If you don't receive it sent me an email.

Dolores afainer@yahoo.com

Tuesday Snow Shoeing

We will continue snow shoeing weather permitting. We will meet at 9 and leave at 9:15 at Iris and 28th St by old restaurant (empty building on southeast corner).

Tuesday 6:00 PM Hikes Resuming in May 2023

For many years evening short hikers, strollers have gathered at local trail heads for an hour hike followed by a potluck at the trail head or one of our homes.

I will be looking for volunteers to put in the April newsletter.

Please let Pat Irwin know, see FSC roster for contact info.

FSC Annual Moab Trip May 7 -12, 2023

Plan for this spring trip. **We will be requesting full payment at the March FSC General Meeting the cost for 5 nights will be \$135.** If you will not be at meeting, make arrangements to get money to someone coming or contact Maggie Livingston or Dorothy Cohen

Rescued African Lion



WILD ANIMAL SANCTUARY - KEENESBURG, CO.
(Aiming for:) Thursday May 4th, 2023
(Alternate date in case of bad weather:) Monday May15th

You will purchase your ticket at the Welcome Center the day of the event.
Entry fee: Age 70+ \$20.

Age 14-69 \$50.
Age 3-13 \$30.

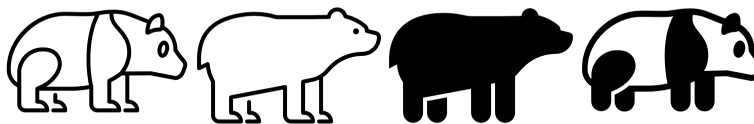
There is an elevated walkway that is a total of 3 miles in length (RT; out & back). They have a Cafe where we can have lunch at the Welcome Center; there is also a snack area on the walkway.

You can call & request their magazine for more information about the animals or visit the website: <https://www.wildanimalsanctuary.org/>

We will plan to carpool. Departure is at 8:15AM at Meadows Shopping Center (N. side, near the bank). Bring \$10. for the driver.

Signups for this event will be at both the March & April General Meetings. We will send the list by mid-April to those who signed up so those who wish to arrange their own carpool/transport rather than to meet up at Meadows SC can do so.

Trip Organizers: Nicole deLorimier & Pat Irwin



"SAVE THE TENTATIVE DATE OF SAT JUNE 10 FOR SPRING FLING AT LOUISVILLE COMMUNITY PARK."

(More info in future newsletter)



July 11 - 14, 2023

Annual Wildflower Rambles Trip to Crested Butte

The trip includes 3 nights lodging at the Cristiana Guesthaus on Tuesday, Wednesday, Thursday, checking out Friday morning. Note that this trip is earlier in July than it has been in past years and has been moved to midweek. **Total trip cost is \$385.00 per person in a double occupancy room or \$525.00 per person in a single occupancy room.**

The Cristiana provides breakfast each morning. Provide your own lunch with items brought from home in a small cooler or purchased locally. Dinners will be at local restaurants. The trip cost covers only lodging with breakfast.

The trip coordinators will lead a hike on both Wednesday and Thursday. Participants are welcome to join them or go out on their own. Options for wildflower walks and hikes are numerous, ranging from easy to moderate walks in/near town to strenuous hiking to mountain passes. People going on the trip should be in good physical health and condition. You must be vaccinated against COVID, per FSC policy.

A non-refundable deposit of \$75.00 per person is required at the time of sign-up – either at the April meeting or by mail. Sign-up and checks will be accepted at the end of the April 5 FSC Membership Meeting. Signing up is for those who are ready to commit to go on the trip. If you have interest in going but are not sure, still thinking about it (for COVID, schedule or other reasons), or your schedule may change, put your name on the waiting list – no deposit is required to join the waiting list. Before you sign up and pay a deposit, be sure you are ready to come on the trip. There are accommodations for 19 people: 3 couples (king), 10 persons in 5 queen+double rooms (each with own bed) and 3 single persons (queen). Queen+Double rooms are only for double occupancy - 2 persons who are comfortable rooming with each other and mutually agree to do so. Sign up together after you have found your roommate. Persons to contact to arrange a roommate can be suggested by the trip coordinators, if you don't have someone in mind, but finding a roommate is ultimately your own responsibility.

Questions? Contact Linda and Chris by e-mail/telephone.

August 15, 16 and 17, 2023
10th Mountain Division Hut Trip

Arrangements have been made to go to the Ben Eiseman Hut, 3 nights this time. It is near Vail. Spend a couple of days unplugged from electronics – no TV or radio. Cell phone service may not exist either.

More information in future newsletters.

Contact Louisa Young.

September 5 to 7, 2023, Bike Trip

Led by Richard Patnoe and Mark Stangle
(more information in future newsletters)



October 10 to 13, 2023 (3 nights) Avalanche Ranch

The Ranch has gotten increasingly popular; hence we check in on a Tuesday and leave on a Friday. That is why we have gone to a weekday trip this year and next. Yes, we have reservations for next year, too. Then we will be checking in on Sunday, October 6, and leaving on Wednesday October 9, 2024. For those of you, who have experienced the Ranch, you know we can be awed by some wonderful fall colors. Views of snow-covered Mt. Sopris from the hot soaking pools are very hard to beat! Enjoy great hiking, and the onsite hot spring pools are open 24/7 for our enjoyment! For those who have not experienced the Ranch, I invite you to treat yourself to a wonderful, fun trip.

The Ranch is located along the Crystal River about ten miles south of Carbondale. There are a series of cabins and the Ranch House where we will meet for our dinners. The club typically provides chili the first night and salmon another night. For those who have experienced the Ranch and may be asking, why aren't we going during their Apple Festival. Well, the dates weren't available one, and even two years out!

I will let you know when the sign up will begin. It is a smaller trip with a limited number of spots. Mark your calendars!

Tom Cannon, Trip Coordinator

Practice kindness, gratitude, and generosity.....

We are quite fortunate to have the health and financial means to attend FSC activities. Please keep in mind that those who clean your rooms and wait on you are often not as fortunate. Please be generous with your tips, unless you know for certain that they are included in the trip price. I would love for us to have the reputation of being kind and generous guests.

Also, please be mindful of deadlines. Our trip coordinators work extremely hard to line up lodging and need to make deposits and final payments in a timely manner. If there are ANY changes to your trip plans, please notify the trip coordinators as soon as possible. If a room is reserved for you and you cancel, often it is difficult to get that room deposit returned. The earlier your cancellation, the better chance of finding a replacement.

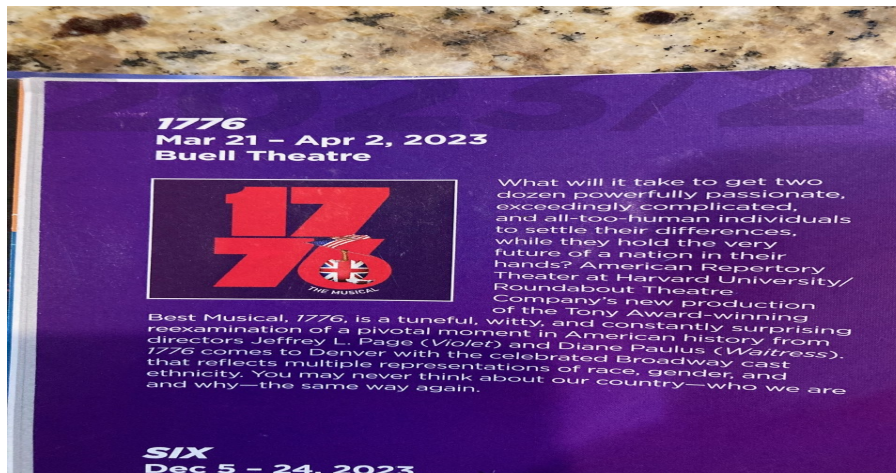
**Thank you,
Martha Parks**

FRIDAY AFTERNOON CLUB

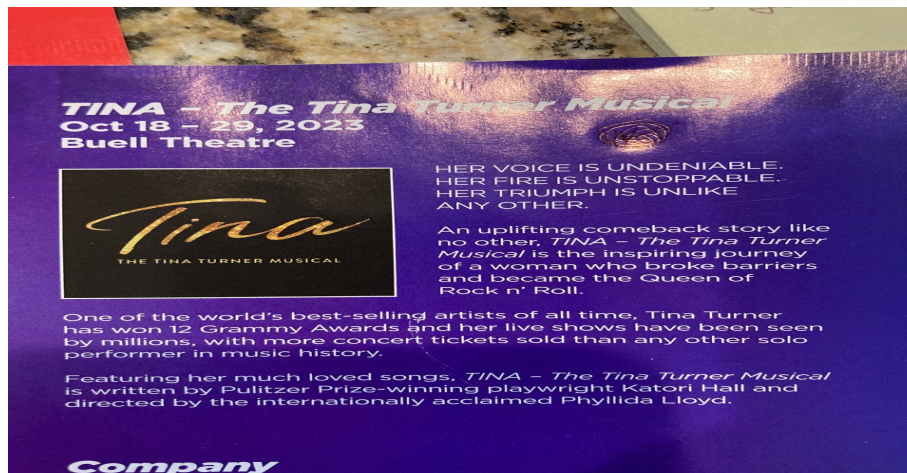
FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

Heads-up from one of our Cultural Ambassadors, Sandy Morris!

Please let her know if you would like tickets for the performances listed.



Buell Theater
Sunday April 2, 2023, at 2 pm.
Cost \$40.50 (includes fees)



Buell Theater
Thursday October 19, 2023, at 2 pm.
Cost \$40.50 (includes fees)

March 2023 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Thursday Hike 8:45 AM Midweek Skiing	3 FAC 4:00 PM	4
5	6 Midweek Skiing Aspen Snowmass	7 Snow Shoeing 9:00 AM Skiing Trip	8 General Meeting 7:00 PM Comfort Inn	9 Thursday Hike 8:45 AM Midweek Skiing & Suites	10 FAC 4:00 PM Carbondale	11
12	13 Midweek Skiing Book Club 6:45 PM	14 Snow Shoeing 9:00 AM	15 Leadville	16 3 rd Thursday Hike 9:00 AM Midweek Skiing Skiing Trip	17  FAC 4:00 PM Columbine Inn	18 FSC April Newsletter submittals due
19	20 Midweek Skiing	21 Snow Shoeing 9:00 AM	22	23 Thursday Hike 8:45 AM Midweek Skiing	24 FAC 4:00 PM	25
26	27 Midweek Skiing	28 Snow Shoeing 9:00 AM	29	30 Thursday Hike 8:45 AM Midweek Skiing	31 FAC 4:00 PM	

Board Members

President	Beth Gaffney		
V. President	Sue Evans		
Secretary	OPEN		
Treasurer	Martha Parks		
Publicity (Co-Chairs)	Donna Scott Linda LaGanga		
Newsletter	Marianne Bachmann		
Membership	Linda Giandinoto		
Social Chair (Co-Chairs)	Eleese Miller Debbie Williamson		
Safety Chair	Arnie Mullen		
Downhill & Nordic Ski Chair	Rosie Piller		
Activities (Co-Chairs)	Dorothy Cohen Maggie Livingston		

Members at Large

Mailing	Roger Briden		
Webmaster	Roger Briden		